## PLEN5Stack Assembly Manual

PLEN Project Company

### 2020/8/31

Corresponding to the products sold in 2020/9/4

#### 8/31/2020

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## 1. Assembly Precautions

There will be some steps where force or strength is necessary. Please take the proper measures and precautions to not hurt yourself or damage the parts and follow the instructions as described.

Please read the entire assembly instructions once before beginning the assembly.

Before assembling, check the content list to see if any parts are missing.

You will need a phillips screwdriver (+ head) for assembly.

Please use the provided pictures as a reference during assembly.

You will need to download some programs required for assembly to the M5Stack. Please refer to 7. Writing the Firmware.

Please be aware that the colours and/or appearances of some parts in the reference photos provided may be slightly different.

When assembling the servo motors, the initial rotational position of the gear on the motors is important. The assembly instructions includes initial positioning for the motors. Please ensure all motors are properly set.

The servo cable on the arm of PLEN5Stack can breaks when caught and wrapped. Before turning on the power, make sure the arm cables are free and loose on the upper side.

### Procedure for Conversion Kit

#### 1. Remove parts from PLEN:bit

#### Please refer to the PLEN:bit assembly manual to see how to remove the follow parts in reverse order

- 1. Remove the micro:bit from your PLEN:bit.
- 2. Remove the two screws in the control board.
- 3. Slide the control board forward.
- 4. Remove the chest piece
- 5. Remove all the cables from the control board:

Servo motors, power cable, eye LED cable

- 6. Remove the control board
- 7. Remove the head piece

While pushing the bottom part of the head, lift the head from the top up and out.

- 8. Loosen the eye LED screws.
- 9. Remove the cable from the eyes control board
- 10. Remove the eyes control board Leave the cable passed through the chest area

#### 2. Connecting the Conversion Kit Parts

- 1. Write the firmware to PLEN5Stack Please refer to 7. How to write the firmware
- 2. Connect the servo motor cables in order into the PLEN5Stack control board

Please refer to 3.1 Servo Motor Connectors

Please refer to 8.2 Control Board Terminal Name for the connection order.

- 3. Connect the power cable and eye LED cables to the control board.
- 4. Attach the PLEN5Stack eye control board inside the head part.

Please refer to 4.11 Attaching Head Part

5. Conenct the chest part

Please refer to 4.12 Attaching Chest Part

6. Replace the arm parts

The arm parts can be easily removed by inserting a thin flate object, such as a flat head screwdriver, between the arm parts and the shoulder parts (on the opposite side of the servo horn). Please refer to 4.8 Attaching the Arms

7. Motion check  $\rightarrow$  refer to 5. Motion Check

# 2. Contents List



#### Contents List

No	Name	No	Name	No	Name
1	M5Stack (not included)	11	Servo Bracket	21	Servo Horn × 6
2	Battery	12	Servo Fixer	22	PLEN5Stack Sticker
3	Control Board •	13	Back Parts	23	QR Code •
4	Servo Motors × 8	14	Switch Holder	24	Long sticker
5	Eye LED Board •	15	Shoulder Parts x 2		
6	Eye LED Spacers •	16	Arm Parts × 2 •		
7	Eye LED Cables	17	Thigh Parts × 2		
8	Head Part (Upper)	18	Leg Parts × 2		
9	Head Part (Lower)	19	Black Screws × 4		
10	Chest Part •	20	Silver Screws × 4 •		

 $\%\,\text{The contents}$  of the conversion kit are marked with  $\bullet$ 

# 3. Servo Motor Precautions

### 3.1 Servo Motor Connectors

1. The servo motor connectors have a correct orientation. There are two black cables and one white cable, where the white cable is the signal, the center is power, and the last is ground. Insert each cable such that the white cable is on the inside.



Pay attention to connector orientation

### 3.2 Servo Motor Angles

- Body balance is important for bipedal robots. Since each servo motor is unique and will have its own initial rotation angle, it will be necessary to adjust each individual servo motor. If this adjustment is not done, your robot will not be able to walk properly, or will fall easily. Here we will explain how to complete this adjustment<sub>o</sub>
- 2. The servo horn has a small offset between the inner serration and the front cross. When rotating the cross of the servo horn over the gear of the servo motor, there should be a point where the cross is approximately horizontal. Please attach the servo horn onto the servo motor gears at this horizontal position.
- 3. There is a method of adjusting the servo motor initial position by program that is still in production. The shoulder parts, for one, are integrated with the servo horn, and must be adjusted by this program.



1. When I put the servo horn, it is slightly off

2. When the servo horn is turned 90 degrees left, it becomes horizontal

Angle Adjustment

# 4. Assembly

## 4.1 Preparation

#### Necessary Items

- 1. Servo Motors ×8
- 2. Long Label sticker
- 3. Pen



Items Needed

#### Procedure

Put the servo number stickers to each servo motor cable. Write the numbers 0-7 on eight stickers and fold each over the cable of each servo motor.



Sticker placement

## 4.2 Switch Board Assembly

For those with the Conversion Kit:

For those with the PLEN5Stack Conversion Kit, please use the original PLEN:bit switch board as before.

Please proceed to the next page for the regular assembly

PLEN5Stack uses a dedicated switch holder instead of the switch board.



For the Conversion Kit

## 4.3 Circuit Board and Battery Wiring

#### Necessary Items

- 1. Back part
- 2. Switch holder
- 3. Battery
- 4. Control Board
- 5. M5Stack



Necessary Items

#### Procedure

1. Connect the battery to the control board



2. Fit the switch holder into the back part



3. Lightly insert the M5Stack onto the control board. Do not force the board



4. The following below is a complete set of the electrical equipment

-If you have not written the firmware, please see the [[7. Writing the firmware]] (#7.) page



## 4.4 Servo Motor Assembly

#### Necessary Items

- 1. Servo Motor ×4 (#0,#1,#4,#5)
- 2. Servo Bracket



Necessary Items

#### Procedure

1. Orient the servo bracket such that the long back is horizontal and towards the back when inserting the servo motors. The side of the bracket with this long bar in the middle is the "back" of the part and concordantly the back of the robot. Insert servo motor #0 into the servo bracket as shown. This will be the robot's left arm. Be careful not to have the cable of servo motor #0 pinched between the motor casing and plastic parts when assembling. Have the servo motor cable come out the "front" side of the bracket.



2. Insert servo motor #4 following the same procedure as #0 on the opposite side of the bracket.



3. Insert servo motor #1 below servo motor #0 with the gear part facing down. Again, be careful not to have the cable of servo motor #1 pinched between the motor casing and plastic parts when assembling.



4. Insert servo motor #5 following the same procedure as #1 in the last available position in the bracket. Ensure all servo motor cables are coming out the "front" face of the bracket.



## 4.5 Thigh Assembly

#### Necessary Items

- 1. The previously assembled servo bracket with servo motors.
- 2. Complete Electrical set
- 3. Thigh plastic parts ×2
- 4. Servo horn ×2
- 5. Black screws ×2



Necessary items

#### Procedure

1. Ensure the switch board switch is in the off position. Connect servo motors #1 and #5 to the control board pins as shown. When connecting the motors into the pins, ensure that the black (ground) cable is towards the outside of the control board. Turn on the switch on the M5Stack.

-If you have not written the firmware yet, please refer to 7. How to write the firmware.



2. The screen of M5Stack will be displayed and the servo motor will rotate and be initialized.



3. Fix the servo horns on servo motors #1 and #5 as shown in the reference photo.



4. Attach the plastic thigh parts. Ensure the bump on the thigh parts is facing forward, the same direction the servo cables are exiting the chest.



5. Screw in the plastic thigh parts with screws.



6. This stage of the assembly is now complete.



## 4.6 Leg Assembly

#### Necessary Items

- 1. Chest assembly
- 2. Electrical parts
- 3. Servo motors ×2 (#3 and 7)
- 4. Plastic feet parts ×2
- 5. Servo horn ×2



Necessary Items

#### Procedure

1. Insert servo motors #3 and #7 to the thigh parts. Servo motor #3 is to be placed as the robot's left leg as seen in the photo.



2. Connect servo motors #3 and #7 to the control board and power on the M5Stack.



3. The servo motors will automatically rotate and be initialized.



4. Place a servo horn on each servo motor with the "+" pointing vertically and horizontally as shown in the photo.



5. Attach the plastic feet parts such that the wider area of the feet are on the outside.



6. This stage of the assembly is now complete.



## 4.7 Shoulder Assembly

#### Necessary Items

- 1. Chest assembly
- 2. Electrical parts
- 3. Plastic shoulder parts ×2
- 4. Black screw ×2



Necessary Items

#### Procedure

1. Connect servo motors #0 and #4 to the control board and power on the M5Stack.



2. The servo motors will automatically rotate and be initialized.



3. Attach the shoulder parts such that they are as horizontal as possible and fix them with screws.





4. Repeat for the opposite side.

5. This stage of assembly is now complete.



## 4.8 Arm Assembly

#### Necessary Items

- 1. Chest assembly
- 2. Electric parts
- 3. Plastic arm parts ×2
- 4. Servo motors ×2 (#2 and 6)
- 5. Servo horn ×2



Necessary Items

#### Procedure

1. Insert the servo motors into the plastic arm parts.



2. Connect servo motors #2 and #6 to the control board and power on the M5Stack.



3. The servo motors will automatically rotate and be initialized.



4. Place a servo horn on each servo motor with the "+" pointing vertically and horizontally as shown in the photo with the arms aligned vertically.



5. Attach the arm parts into the shoulder parts lining up the servo horn "+" in the shoulder parts. Be careful not to let the servo motor cable get caught.



6. This stage of the assembly is now complete.



## 4.9 Servo Fixer Attachment

#### Necessary Items

- 1. Chest assembly
- 2. Servo fixer



Necessary Items

#### Procedure

#### 1. Servo Fixer attachment

2. Pass the cables from servo motors #3 and 7 in the legs up through the hole at the bottom of the servo bracket.

3. Mount the servo fixer into the front of the servo bracket so that other cables are not pinched.

% if it is difficult to attach, remove the servo motor cable from the control board, attach the servo fixer, and then reconnect the cables.





## 4.10 Control Board Wiring

#### Necessary Items

- 1. Chest assembly
- 2. Electric parts



Necessary Items

#### Procedure

1. Remove the battery from the control board.

2. Pass the battery cable through the back side of the servo bracket and reconnect it into the control board.



3. Place the battery in the back part and fix it to the body.

 $\% \mbox{Below, the complete electrical boards and parts are inside the body.}$ 





6. This stage of the assembly is now complete.



## 4.11 Head Assembly

#### Necessary Items

- 1. Body assembly
- 2. Head plastic parts (top and bottom)
- 3. Eye LED Board
- 4. Eye LED Cable
- 5. Eye LED Spacers



Necessary Items

#### Procedure

1. Leaving the head parts separate, insert the bottom head part into the neck part of the body.



2. Connect the eye LED cable into the eye LED board and pass the cable through the bottom hole in the head part and have it come out the front of the servo bracket.



3. Insert the LEDs with eye LED board into the eye slots and bottom half of the head.



4. Pass the eye LED cable for the center board through the hole in the head part.



5. Pass the eye LED spacers through the eye LED board (be careful; this may take force).

Then, turn the spacer cut-out outward.





7. Attach the top part of the head to the bottom, closing the eye LED board inside.



8. Connect the eye LED cable into the main control board in the chest.





## 4.12 Chest Assembly

#### Necessary Items

- 1. Body assembly
- 2. Plastic chest part
- 3. M5Stack
- 4. Silver screws ×4



Necessary Items

#### Procedure

1. Remove the M5Stack from the control board.



2. Pass the control board through the chest part at the front side.



### 3. Attach the chest part to the body.



4. Screw in the chest part to the body with the screws.



#### 5. Re-insert the M5Stack on the front.



6. Power on the M5Stack and make sure all servo motors are in initial position. Some may rotate automatically slightly back to this initial position.

7. Confirm that the limbs work by pressing the A and B buttons on the M5Stack. The eye LEDs should blink with the C button.



## 5. Motion Check

### 5.1 PLEN's First Steps

- 1. Press the B button to check if PLEN will walk.
- 2. That's it! We're done! Enjoy your PLEN5Stack!
- 3. But, if it doesn't walk ...

Your PLEN5Stack might try to walk but will fail and fall over if the servo horn "+" angle was installed at an incorrect angle.

It is possible to make minor adjustments using the program.

### 5.2 Adjusting the Servo Motors

#### Follow these steps to make minor adjustments to the servo motor initial position.

The PLEN5Stack library version 1.0.4 or later is required. Please refer to "7.5 Install library" and select version [1.0.4] or later when installing

#### Arduino IDE

- 1. Open and follow the path: [File]  $\rightarrow$  [Sketch example]  $\rightarrow$  [PLEN5Stack]  $\rightarrow$  [Servo Adjust]
- 2. Connect the M5Stack to a computer with the USB-c cable
- 3. Click the upload button  $[\rightarrow]$ .

#### Adjustment

- 1. Initial Screen
  - A button: Start adjustment
  - B button: Confirm motion
  - C button: The saved position's data is initialized
- 2. Start adjustment with A button -Adjust servo motors one by one
- 3. Use the A and B buttons to adjust the servo motor angle.
- 4. Switch to next servo motor with C button -The position of each is saved when you switch between them.
- 5. When you switch between all 8 servo motors, you will then return to the initial screen.
- 6. Press the power button on the left side of the front of the M5Stack. -The settings are updated.
- 7. Press B once again to check the movement.

## 5.3 Power Supply

#### Turning the power on

Press the button on the left side once, when viewing the M5Stack from the front.

Turning the power off

Press the button on the left side twice quickly, when viewing the M5Stack from the front.

## 5.4 PLEN5Stack Sticker

Place the sticker where you see fit.



Sticker

# 6. Battery Charging

### 6.1 Necessary Items

- 1. PLEN5Stack
- 2. USB-C Cable
- 3. PC or USB charger

### 6.2 Connect the USB Cable

- 1. Connect the USB-C cable to the M5Stack in the PLEN5Stack chest.
- 2. Connect the other end to a PC or USB charging outlet.

### 6.3 Using the Conversion Kit

#### Method 1 (Recommended)

- 1. Turn on the switch on the back
- 2. Connect the USB-C cable to the M5Stack in the PLEN5Stack chest.
- 3. Connect the other end to a PC or USB charging outlet.

In this case, the LED on the upper right of the back will not light up.

#### Method 2 (Similar to PLEN:bit)

- 1. Connect the micro USB cable to the back of PLEN5Stack. (Note the orientation of the connector)
- 2. Connect the other end to a PC or USB charging outlet.
- 3. The LED on the upper right of the back will light up.
- 4. Charging is finished when the LED turns off

### 6.4 Cautions

Please do not connect any additional batteries to PLEN5 Stack in any way (such as a M5Stack battery module). This will cause immediate failure.

#### For the Conversion Kit

% If you connect a USB cable to both the M5Stack and the back at the same time, it will charge from the M5Stack side and ignore the charger in the back. For this reason, the charging speed will not change. Therefore, we recommend to charge from the M5 Stack in the chest.

# 7. Writing the Firmware

## 7.1 Preliminary Arrangements

In order to write the PLEN5Stack firmware, you will need Arduino IDE ver.1.8.0 or later . Please download and install beforehand.

## 7.2 How to Download the Arduino IDE

You can access the Arduino IDE download page and select your environment.

DOWNLOAD ENGLISH -Download the Arduino Software **Choose from here!** Windows Installer Windows ZIP file for non admin instal ARDUINO 1.6.12 Windows app Get 🖶 The open-source Arduino Software (IDE) makes it easy to write code and upload it to the board. It runs on Mac OS X 10.7 Lion or newer Windows, Mac OS X, and Linux. The environment is written in Java and based on Processing and other open-Linux 32 bits source software. This software can be used with any Arduino board. Linux 64 bits Linux ARM (experimental) Refer to the Getting Started page for Installation instructions. Release Notes urce Code

Click the part that says "JUST DOWNLOAD".

## Support the Arduino Software

Consider supporting the Arduino Software by contributing to its development. (US tax payers, please note this contribution is not tax deductible). Learn more on how your contribution will be used.



### 7.3 Setting the Arduino IDE

- 1. "File" -> "Preferences"
- 2. Press the button to the right of the additional board manager URL
- 3. Enter the URL: https://dl.espressif.com/dl/package\_esp32\_index.json



環境設定	$\times$
設定ネットワーク	
スケッチブックの保存場所:	
C:¥Users¥hkr35_000¥Documents¥Arduino	参照
言語設定: System Default 🗸	変更の反映にはArduino IDEの再起動が必要
エディタの3 💿 追加のボードマネージャのURL	×
<pre>インタフェー j追加のURLを1行ずつ入力 テーマ: https://dl.espressif.com/dl/package_esp32_inde: より詳細な コンパイラの ☑ 行番号 □ コード ☑ 書き込 □ カード</pre>	x.json 3
<ul> <li>□ コンパ</li> <li>□ 起動</li></ul>	OK キャンセル
追加のボードマネージャのURL: ligithubusercontent.com/stm32duino/BoardManagerFile	s/master/STM32/package_stm_index.json
以下のファイルを直接編集すれば、より多くの設定を行うことができます。	
C:¥Users¥hkr3b_UUU¥AppData¥Local¥Arduino15¥preferences.txt 編集する際には、Arduino IDEを終了させておいてください。	2
	OK キャンセル

### 7.4 Install board

- 1. "Tools" -> "Board..." -> "Board Manager..."
- 2. Type "esp32" in the board manager
- 3. Install esp32



፩ ボードマネージャ		×
タイプ 全て -		
esp32 by Espressif Systems バージョン <b>1.0.2 INSTALLED</b> このパッケージに含まれているボード: ESP32 Dev Module, WEMOS LoLin32, WEMOS D1 MINI ESP32. <u>More info</u>		^
	更新削除	
		~
	閉じる	5

## 7.5 Install library

1. "Sketch" -> "Include Library" -> "Manage Library..."

#### PLEN5Stack library

- 2. Enter "plen5stack" in the library manager
- 3. Install [ PLEN5Stack ]

#### M5Stack library

- 4. Type "m5stack" in the library manager
- 5. Install [M5Stack]

#### Adafruit NeoPixel library

- 6. Enter "neopixel" in the library manager
- 7. Install [ Adafruit NeoPixel ]



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More info	
MSStack by MSStack (S=Si=S)0.2.9 INSTALLED	
Library for M5Stack Core development kit See more on http://M5Stack.com	
More info	
	更新
M5Stack-SD-Updater by tobozo	
SD Card Loader for M5 Stack Package your apps on an SD card and load them from a menu app, button or MQTT n	nessage.
<u>More Inro</u>	
M5Stack_Avatar by Shinya Ishikawa バージョン0.7.1 INSTALLED	
Yet another avatar module for M5Stack See more on http://M5Stack.com	
MSStack_OnScreenKeyboard by lovyan03	
M5Stack_OnScreenKeyboard by lovyan03 OnScreenKeyboard for M5Stack OnScreenKeyboard which can be operated with 3 button Mana lafe	

### 7.6 Select Board

- 1. "Tools" -> "Board..." -> "M5Stack-Core-ESP32"
- 2. "Tool" -> "Serial Port" -> Select (The port name will vary depending on the user environment.)



### 7.7 Installation Procedure

- 1. Open [File]  $\rightarrow$  [Sketch example]  $\rightarrow$  [PLEN5Stack]  $\rightarrow$  [Firmware FullColor LED]
- 2. Connect M5Stack to your computer with the USB-C cable
- 3. Click the upload button  $[\rightarrow]$ .



## 8. Reference

## 8.1 PLEN5Stack Servo Motor Number



## 8.2 Control board terminal



# 9. Support

If you encounter any issues, please contact the us:

PLENSupport: https://plen.jp/wp/contact/

# **Changes History**

Date of Issue	Changes
2020/2/27	Pre-sale version
2020/6/23	Specification corrections (images, text)
2020/6/25	Switch board corrections
2020/6/30	Added links to table of contents, modified "Installation Procedure"
2020/7/2	Corrections of "Install library" and "Installation Procedure"
2020/7/3	Appearance changes, spelling error correction, conversion kit description added
2020/7/6	Charging methods included
2020/7/8	Changed the parts list and board images
2020/7/10	"Initialization adjustment" program added, image size adjustment, and appearance modifications
2020/8/28	Translated version into English
2020/8/31	Change picture